Resources

 **Lupus Society of Alberta** - Provides education and support on Lupus and Lupus related issues and enable research to improve quality of life. The Lupus Society of Alberta is here to support you and to help you find the information and resources that you need to live well with lupus 1-888-242-9182

 <https://lupus.ab.ca/>

 **Lupus Canada** This site is designed to be a source of information about lupus <https://www.lupuscanada.org/>

**(GOV OF AB) Aish** Assured Income for the Severely Handicapped (AISH) Financial and health benefits for eligible Albertans with a permanent medical condition that prevents them from earning a living.<https://www.alberta.ca/aish.aspx>

 1-800-232-7215

**(GOV OF AB) Alberta Supports** Alberta Supports can help you access more than 30 programs and 120 services for seniors, people with disabilities, job seekers, parents and families, homelessness, financial assistance, abuse, and family violence prevention. <https://www.alberta.ca/alberta-supports.aspx#toc-0> 1-877-644-9992

**(GOV OF AB) Government of Alberta Supports for People with disabilities**  This website has the links for people to access information for special needs housing, parking placards, Employment supports, Specialized support services.

<https://www.alberta.ca/supports-for-people-with-disabilities.aspx>

 780-427-2711

**211 Alberta** - (Resource Information) The 211 service is an enhancement, not a replacement, of local Information & Referral services currently operating across the province. In addition to helping people find the information they need, 211 analyzes data from calls to identify emerging needs, gaps in services and areas of high demand Alberta Government.

Alberta rheumatology a resource for patients, on all aspects related to rheumatology.

<https://albertarheumatology.com/lupus/>

Arthritis Society <https://arthritis.ca/about-us>

**Alberta Aids to Daily Living (AADL**) helps Albertans with a long-term disability, chronic or terminal illness to pay for basic medical equipment and supplies.

Phone: 780-427-0731
Toll free: 310-0000 before the phone number (in Alberta)

**The Alberta Healthy Living Program (AHLP)** provides services to those with chronic conditions in communities throughout Alberta. These services include information, education, techniques, and support to help improve your health and quality of life with a chronic condition.

Phone: 780-342-2000
Toll free: 1-888-342-2471

<https://www.albertahealthservices.ca/info/Page13984.aspx>

Calgary and Area Rheumatologists

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 Lethbridge Rheumatology Contact Info

***RHEUMATOLOGISTS***

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When you go to a new doctor or medical professional one of the questions always asked is what medications are you taking?
Below is the link to a Medication list that is easy to use and can be helpful for medical appointments.

<https://myhealth.alberta.ca/Alberta/Pages/medicine-tracking-tools.aspx>